



# Velkommen til Norge!

FUGO and ENTOG would like to invite you to Norway for the 2020 ENTOG Exchange, Scientific Meeting and Council. The exchange will take place from Monday 11<sup>th</sup> until Wednesday 13<sup>th</sup> of May, followed by the ENTOG Scientific Meeting and Council in Bergen on the 14<sup>th</sup> May. The cities for the exchange will be Bergen, Voss, Haugesund, Førde, Stavanger, Oslo, Akershus, Drammen, Hønefoss, Bærum and Tønsberg. In this document you will find some general information regarding the program. FUGO is the national trainee association of Norway and the organizer of the ENTOG Exchange 2020.

## **About Norway**

Norway is well known for its beautiful wild outdoor sceneries with steep mountains and beautiful fjords. There are approximately five million people living in Norway spread across huge distances. Norway has a public health care system funded through taxes. This means that everyone has equal access to health care regardless of age, race, gender, income and area of residence. In 2018 there were about 55 000 live births with one of the lowest rates of C-section in Europe. Our national day is the 17<sup>th</sup> of May, and we strongly recommend you to extend your stay so that you may experience this joyful celebration!

## Program

The exchangees are encouraged to arrive on Sunday the 10<sup>th</sup> May. They will be at the hospital with their contact person or other doctors from Monday morning to Wednesday lunchtime. The social program after working hours will include sightseeing, dinners and hiking trips depending on where you stay.

On the 13<sup>th</sup> May the exchangees should travel to Bergen. We strongly advise you to buy train or bus tickets well in advance in order to arrive in Bergen in the afternoon or evening of the 13<sup>th</sup> of May. The low-cost tickets are usually sold out quickly. More information will follow. In the evening of the 13<sup>th</sup> May there will be a social gathering with all the exchangees. The Scientific Meeting and the ENTOG Council will take place in Bergen on the 14<sup>th</sup> of May. This year's Scientific Meeting will be about vaginal breech deliveries including three different workshops! The day will end with a dinner at a mountain restaurant called *Mount Fløien*.

## How to apply?

We will be able to host a maximum of two trainees from each ENTOG member country. Candidates from each country are selected by their national trainee associations. If your country does not have a national trainee association or you do not know how you can apply for the exchange, you can contact ENTOG directly by e-mail entog2020@gmail.com.

#### Information to national trainee associations

When registering your candidates, please provide the following information: name, country, e-mail address and telephone number. Registration is not final until the registration fee has been paid. Account information and further information will be sent to the candidates upon registration. The deadline for registration is 15<sup>th</sup> of January 2020.

### **Exchange Costs**

The price for the ENTOG Exchange including the ENTOG Scientific Meeting, Council and ENTOG dinner is €200. We expect all ENTOG exchangees to join the full programme. In addition, all other trainees who are not qualified for the Exchange are welcome to participate in the ENTOG Scientific Meeting and Council in Bergen - - the charge is €150. During the three days of the Exchange, you will be offered to stay with local trainees. You are otherwise free to book your own housing at your own expense if you want. From Wednesday night onwards, trainees are expected to book and pay for their own accommodation in Bergen. More information about travel and accommodation can be found here: https://www.ebcog2020.org/travel-accommodation

#### **EBCOG Congress 2020**

Our ENTOG Scientific Meeting and Council will be hosted within the EBCOG Congress 2020. Full information will be provided after registration or you can check out the EBCOG Congress website (www.ebcog2020.org).

We are looking forward to welcome you to the 2020 ENTOG Exchange! Please check our website: https://legeforeningen.no/Fagmed/Norsk-gynekologisk-forening/fugo/ENTOG-2020

For all questions please feel free to send an e-mail to entog2020@gmail.com.

Looking forward to meeting you in Bergen, The Local Organizing Committee and the ENTOG Executive

